



# Safer Internet Day 2019

## What is Safer Internet Day 2019?

Safer Internet Day is celebrated globally in February each year to promote the safe and positive use of digital technology for children and young people and inspire a national conversation.

Coordinated in the UK by the UK Safer Internet Centre the celebration sees hundreds of organisations get involved to help promote the safe, responsible and positive use of digital technology for children and young people.

Globally, Safer Internet Day (SID) is celebrated in over a hundred countries, coordinated by the joint Insafe/INHOPE network, with the support of the European Commission, and national Safer Internet Centres across Europe.

The day offers the opportunity to highlight positive uses of technology and to explore the role we all play in helping to create a better and safer online community. It calls upon young people, parents, carers, teachers, social workers, law enforcement, companies, policymakers, and wider, to join together in helping to create a better internet. Get involved to play your part!

For more information, please visit <a href="https://www.saferinternet.org.uk/safer-internet-day/2019">https://www.saferinternet.org.uk/safer-internet-day/2019</a>.

ChildSafeNet is a specialiased organization dedicated to protecting children and young people online in Nepal. We would like to coordinate the Safer Internet Day 2019 celebration in Nepal and take the lead in organizing SID 2019 activities.

## About ChildSafeNet

ChildSafeNet is a non-governmental organization, working to make the digital technology safer for children and young people. We work to raise awareness on safer use of the internet and digital devices to protect children and young people from Internet addiction, online sexual abuse and exploitation, cyber-bullying, phishing, gaming addiction and to promote digital literacy. Our team is composed of child protection specialists with extensive national and international experience and expertise on cyber safety as well as highly energetic tech-savvy youth.

We work in partnership with children's and young people's groups, parents, schools, government, media, private sector and organizations.

For more information, please visit <a href="https://www.childsafenet.org">https://www.childsafenet.org</a>.

## Why Do We Need to Protect Children and Young People Online

In this digital age, information and communication technology sector is advancing tremendously. Along with the fast progress, this revolution brings with it numerous adversities and dangers. Children and young people are heavy users of the technology. Unsafe use of the





digital technology exposes them to serious harms, such as, online sexual abuse & exploitation, cyber bullying, phishing and sextortion. Such harms affect children's mental and cognitive development, humiliate and lower their self-esteem. Children, young people, parents, teachers and governments need to take cyber safety seriously and fulfill their responsibilities in making the internet safer place.

Since cyber safety is an issue relevant to all internet users, we all have responsibilities to make the internet safer for our children and young people. Let us work **Together for a better internet**.

#### Objectives of the Safer Internet Day 2019 Celebration

- 1. Raise awareness on online risks for children and young people and protecting them
- 2. Develop synergy among organizations and institutions working with and for children
- 3. Build capacities of duty bearers in protecting children and young people online

#### **Proposed Activities in Nepal**

- 1. Production and Dissemination of Awareness Raising Multimedia Materials: Production of awareness raising Public Service Announcement (PSA) videos, video magazines, video film contest, social media activities, radio and TV programmes, publication of awareness materials, etc.
- 2. Awareness Events: Organize various awareness events at Computer Association of Nepal (CAN) Info-Tech 2019 and public discussion & awareness events.
- 3. Cyber Safety Training: Conduct cyber safety training sessions for children, young people, parents and teachers.
- 4. Launch of the Cyber Safety Research Report: Launch and dissemination of the research report on cyber safety, conducted in Nepal by ChildSafeNet.
- 5. Safer Internet Day 2019 Events: Child/young people-led event, panel discussion on safer internet, press conference, publicity and media mobilization.

#### When?

Although 5 February 2019 will be the main day for celebration, Safer Internet Day 2019 activities will be conducted throughout the year. In Nepal, we will conduct main activities from December 2018, which will culminate to 5 February 2019.

#### Where?

The SID 2019 will be celebrated nationwide, reaching children, young people, parents as well as stakeholders and duty bearers, mainly through online, electronic and print media. Besides, various events and activities will





be conducted in Kathmandu valley and different parts of the country, mobilizing schools, colleges, local governments and social workers.

#### **How You Can Get Involved**

We would like to invite children, young people, parents, schools, colleges, government, police, law practioners, private sector, Internet Service Providers (ISPs), international/national organizations, media, celebrities as well as other duty bearers are to get involved in celebration of the Safer Internet Day 2019.

You may organize awareness raising activities, such as, group discussions, training sessions, fun fairs, media activities, quiz, etc.

Government, police and law practitioners may use the Safer Internet Day 2019 as an opportunity to reinforce implementation of cyber safety policy and enhance legal protection.

Private sector, including ISPs, could get involved by provision of service and funding.

National and international organizations are requested to provide technical and financial support as well as integrate cyber safety awareness in their projects.

Media and celebrities are requested to get involved using their reach and influence in disseminating cyber safety messages to raise awareness.

Besides, please feel free to come up with other interesting ideas.

## **Contact Us**

For more information on the Safer Internet Day 2019 activities and how you can get involved, please contact us.

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Thank you.