



A Report on
The Capacity Building Workshop for Rupantaran Peer Educators
for Protection of Children Online



19 - 20 February 2023 (9.30 AM – 5.00 PM)

Kirtipur Hillside Hotel, Kirtipur



Programme Details:

On 19 and 20 February 2023, ChildSafeNet, in coordination with Child Development Society (CDS) and with financial support from World Vision International Nepal (WVIN), conducted a two-day capacity building workshop on the protection of children online for Rupantaran peer educators from Kirtipur and Balaju. Twenty-four Rupantaran peer educators, aged between 16 – 18 years, had participated in the workshop.

The workshop started with a warm welcome and an introductory note from the CDS, followed by a verbal consent for photos and videos and introduction of the participants and facilitators. It continued with an opening remark from Ms. Anju Bhattraï from WVIN, and a clarification of the allocated budget from Mr. Prakash Maharjan from the CDS for the purpose of transparency. Mr. Anil Raghuvanshi, Founder/President of ChildSafeNet, the facilitator and the trainer for the days proceeded with the training.



Day 1

On the day 1, 19 February, the training started by listing down the general rules of the training like keeping the mobile in silent mode, no side talks, raising the hand for asking the question, etc. Then the trainees were made to write their expectations from the training, followed by an explanation of the objectives, methodology, and schedule of the training. To understand the trainees' knowledge and understanding about internet safety, internet risks, and specific terms related to online safety, the training began with a pre-test and a cyber-smart quiz. In the pre-test, trainees had to answer 10 questions on paper. For the cyber quiz, 10 trainees volunteered in 2 groups of five each. One team called themselves "Cyber Police", and other team named themselves as "SafeNet". The quiz competition was facilitated by the trainer, where the team with correct answer get 10 points and the one with the wrong answer had negative marking of 5 points. Team SafeNet won the quiz, however the other team was equally praiseworthy.

After the ice-breaker phases of the training, Mr. Raghuvanshi continued with the presentation of the training. The presentation for day one included various topics as:

1. What is the Internet
2. Advantages and Disadvantages of the Internet
3. Guidance for Children to Stay Protected Online
4. Internet Risks and Online Harms
5. Commercial Sexual Exploitation and Abuse of Children
6. Child Sexual Abuse Materials

PSA videos regarding the information on online risks and protection, created and produced by ChildSafeNet in collaboration with its partners, were screened as the audio-visual training materials. Participants of the workshop found the videos very interesting and effective.

There were energising breaks in between the training to avoid the monotonous environment of the training room that would lower the focus of the trainees. The participants were made to sing and show their talent to break the monotonous attention. Four trainees (Ekta Maharjan, Bipins Rai, Bishal Manandhar, and Shiva Gurung) performed songs and rejuvenated the hall.



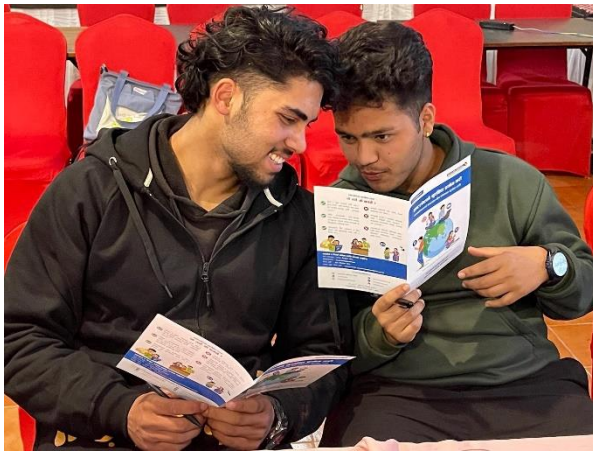
At the end of the training of day one, every trainee shared their learning from the day in one sentence. Two trainees, Sunita Gurung from Balaju and Subyas Baskota from Kirtipur, volunteered to share the recap of the day for the next day. The trainees filled up the evaluation form for the day and it ended with closing remarks from Mr Pradip Shrestha, Programme Manager of the CDS.

Day 2

On the day 2, 20 February, the trainees and the trainer settled down in the hall. As discussed, a day before, the trainees Sunita Gurung and Subyas Baskota stood in front and shared the contents learned the previous day. After that, Mr. Raghuvanshi continued the training by sharing another video song named “Samajik Sanjaal” on online awareness and moved forward with additional topics for the day. The presentation for the second day included the following contents:

1. Hate Speech
2. Misinformation and Disinformation
3. Privacy and Confidentiality
4. Online and Offline Interconnection of Risks and Harms
5. Legal Provisions for the Protection of Children Online
6. Reporting Guidelines, Portals, and Mechanisms
7. How Young Children can Protect themselves in the Digital Age
8. Do's and Don'ts in the Digital World
9. Role of Rupantaran Peer Educators in Protecting Children Online

Similar to the previous day, there were energiser breaks to break the monotonous attention of the participants. Bishal Manadhar prepared a RAP on online safety and performed it.



Towards the end of the training, participants were asked to share their learnings from the two-days training session individually. They were made to read their expectation written on the first day of the training and asked if the expectation was met. Every expectation shared was fulfilled by the training. It was followed by a post-test and filling up the evaluation form by the trainees. The post-test paper included same 10 questions as in the pre-test paper. The leaflets from ChildSafeNet with information on online safety for children and young people were distributed among the participants.

The training ended with sharing of experiences between trainer and trainees, and a closing remarks from Mr. Pradip Shrestha, Programme Manager at CDS.

Experience Shared by the Trainees

The trainees shared that they had good learning about internet use practices and understood the need of staying safe online. They said that even though they know many things about the internet, and are always on the phone and online platforms, they were not aware of the online risks and harms. They are grateful

to receive the training and have already started to share what they have learned back at home and community, among friends and families.

Experience Shared by the Trainer

The trainer really enjoyed the training experience with the peer educators. He further expressed that the trainees were really curious, interested, and enthusiastic throughout the session He added they had a lot of queries and it was really an interactive, and engaging session.

Pre-test and Post-Test Evaluation

There were amazing differences between the pre and post-test papers. The post-test paper verified d the improved understanding and knowledge of the trainees.

Annex 1 – Programme Schedule

Annex 2 – Pre and Post-test Questions

Annex 3 – Evaluation Sheet